

MEALS / GROCERIES

	Services	Hours	Location	Phone	Website	Other
Christian Help Pantry		Tuesday - Friday (9:30 am - 1:30 pm)	450 Seminola Blvd, Casselberry, FL 32707	(407) 834-4022	www.christianhelp.org/foodpantry	
Grace 'n Grits Ministries	Breakfast to go	Saturday (8:00 am - 8:30 am)	419 S Park Ave, Sanford, FL 32771 (First United Methodist Church)	(407) 322-4371	fumcsanford.org	
Hope Helps	Food Pantry	Tuesdays and Thursdays (9:00 am - 2:00 pm) Wednesdays (9:00 am - Noon)	812 Eyrie Dr, Oviedo, FL 32765	(321) 765-4984	www.hopehelps.org	
Iglesia Misionera una Nueva Esperanza	Food Pantry	Thursdays @ 1 pm (Arrive early)	2921 S Orlando Dr STE 210, Sanford, FL 32773	(407) 694-5888	iglesiaunanuevaesperanzaencristo.org	
Lion of Judah House of Worship	Pantry, clothing, toiletries.	Dinner on Thursdays (5:30 pm to 6:30 pm)	2548 Park Dr, Sanford, FL 32773	(407) 324-0936		

		AND Sundays (5 pm to 6 pm)				
Meals on Wheels		Monday - Friday (7:30 am - 4:30 pm)	2801 S Financial Ct, Sanford, FL 32773	(407) 333-8877	mealsetc.org	
The Picnic Project			Rotating locations in Sanford.	(321) 222-0995	www.picnicproject.org	
The Salvation Army	Food Pantry	Thursdays (9 am to Noon ; 1 pm - 4:30 pm) Friday (9 am to Noon)	700 W 24th St, Sanford, FL 32771	(407) 322-2642		
The Sharing Center		Longwood: Monday - Friday, 9 am - 5 pm Sanford: Wednesday 4 pm - 5:30 pm	Longwood: 600 N US Hwy 17 92 Suite 130, Longwood, FL 32750 Sanford: 400 W Airport Blvd, Sanford, FL 32773		thesharingcenter.org	
WIC Program	Nutrition for women, infants & children.		Sanford and Cassleberry	(407) 665-3705		

Feed & Fortify	<p>Has several hotel rooms in the Orange Blossom Trail area for emergency shelters for families. Supports families with transitional housing costs and food, some clothing - working on a clothing closet with work-type clothes. Offers nutrition classes.</p>		36 S Semoran Blvd. Suite C, Orlando, FL 32807	(407) 730-6102	www.ffcoinc.org	
Catholic Charities	Utilities assistance, food, and medical care.	Monday - Friday (8 am - 5 pm)	1771 N Semoran Blvd, Orlando, FL 32807	(407) 658-1818	cflcc.org	